

How to Market for Sunday and Cut the High Cost of Living, Yet Live High

Points on What, Where, When
and the Way to Buy
Your Provisions.

Charlotte R. Bangs
Chairman of the Market Club to
Reduce the Cost of Living.
This is no secret order,
but simply the code for
"spontaneous" "Celerity," "Celerity,"
the wonderful week-end bargains
every vegetable market offers it. Our
farmers are winning up their open-air
stalls. Final finish was never seen nor
lower prices ever known. Cauliflower
and fall, as supply and demand
stand. Retail prices for these goods re-
main more than they should. A store-
keeper has considerable loss (by over-
stock) to counterbalance.

NEW YORK STATE SHY OF BUT- TER AND EGGS.

For better and eggs New York State
has not a very excellent showing as a
productive source of supplies. Shame in-
stead!
"New York State does not put forth
enough butter and eggs in one year to
supply New York City for one month!" is
the way one big wholesale man spoke of
this phase of the cost of living. It ap-
pears that even the cheese industry is
suffering, due to decreased supply sent
the various State creameries. The great
reliance for our supplies are on the
States of Illinois, Indiana, Iowa.

These three States are best for eggs
and have proved a dependable source
of supply.
Turkey eggs (April or May) are about
\$1 a dozen and help along the egg
market considerably. There are no
great egg supplies from New Jersey,
while New York not only does not supply
any great lot, but must draw on
other States.

An egg starts at being fresh; then it
is "candied," then either marked "select"
by the retailer or packed among
"cheap dirties"; next is the XX candied
stage, when it becomes a "check," and
finally, it is cleaned as "bakers' supply."
Of course cracked eggs are known as
"bakers' supply." The fresh dirties are exactly at
the grade as the clean eggs, yet lower
price is given them. Many times the
"dirties" are washed clean and sold by
vendors for a fancy price. It is well
known that no eggs should be washed,
and a wholesaler never degrades this
egg as evidenced by the stock he puts
out. A case of fresh dirties is in retail-
er's good investment for the consumer
waiting at wholesale.

As for butter, there are grades and
grades. The sign of "best" really means
nothing. Best butter at 30 cents a pound
should be at 30 cents at retail in
winter stores. "But is it butter?" is
the hand of a wholesale firm asked. "We
know that our 15. There are all grades
of butter in present."

In the question of best laid it is a very
difficult situation. There are grades and

some manufactured lards. The really
pure lard, made from pork fat, sells at
wholesale for 12 1/2 cents a pound (this
week). The compound is 8 cents a
pound and is so marked. Buying at re-
tail these grades are not always shown.
Lard at retail averages 12 cents to 15
cents.

It takes \$5 to buy 100 pounds of
granulated sugar, which comes by the
300 to 400 pound barrel at the wholesale
market.
Considering the cash outlay necessary
for this food commodity, buying at re-
tail is equally as well as wholesale, the
price being often three and a half
pounds for 19 cents (second grade
sugar). This is the SOLE article on
which no price difference is very ex-
treme.

FOLLOWING ARE SOME MARKET PRICES TO DATE:

GRANSEVOORT MARKET
(Foot W. 14th St., "Open" Market A. M.)
Wholesale, some retail.
Pumpkin—\$1.00 per bushel.
Cauliflower—\$1.00 per bushel.
Cabbage—\$1.00 per bushel.
Brussels Sprouts—\$1.00 per bushel.
Green Beans—\$1.00 per bushel.
Green Peas—\$1.00 per bushel.
Broad Beans—\$1.00 per bushel.
Lentils—\$1.00 per bushel.
Onions—\$1.00 per bushel.
Potatoes—\$1.00 per bushel.
Squash—\$1.00 per bushel.
Cucumbers—\$1.00 per bushel.
Eggplant—\$1.00 per bushel.
Tomatoes—\$1.00 per bushel.
Peppers—\$1.00 per bushel.
Carrots—\$1.00 per bushel.
Celery—\$1.00 per bushel.
Parsnips—\$1.00 per bushel.
Turnips—\$1.00 per bushel.
Rutabagas—\$1.00 per bushel.
Beets—\$1.00 per bushel.
Kale—\$1.00 per bushel.
Spinach—\$1.00 per bushel.
Chard—\$1.00 per bushel.
Swiss Chard—\$1.00 per bushel.
Cabbage—\$1.00 per bushel.
Brussels Sprouts—\$1.00 per bushel.
Green Beans—\$1.00 per bushel.
Green Peas—\$1.00 per bushel.
Broad Beans—\$1.00 per bushel.
Lentils—\$1.00 per bushel.
Onions—\$1.00 per bushel.
Potatoes—\$1.00 per bushel.
Squash—\$1.00 per bushel.
Cucumbers—\$1.00 per bushel.
Eggplant—\$1.00 per bushel.
Tomatoes—\$1.00 per bushel.
Peppers—\$1.00 per bushel.
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Celery—\$1.00 per bushel.
Parsnips—\$1.00 per bushel.
Turnips—\$1.00 per bushel.
Rutabagas—\$1.00 per bushel.
Beets—\$1.00 per bushel.
Kale—\$1.00 per bushel.
Spinach—\$1.00 per bushel.
Chard—\$1.00 per bushel.
Swiss Chard—\$1.00 per bushel.

The best cheese States are Illinois and
New York. Gansvoort Market offers
bargains in "open" market for morning
hours only. Its wholesale district in-
cludes the big firms of Swift & Co., Ar-
mour & Co., National Biscuit Company,
National Packing Co., and a freight train
service direct from Thirty-fourth street
to the warehouses.

OLD FULTON MARKET
(Fulton St. and East River).
Wholesale, some retail.
Pumpkin—\$1.00 per bushel.
Cauliflower—\$1.00 per bushel.
Cabbage—\$1.00 per bushel.
Brussels Sprouts—\$1.00 per bushel.
Green Beans—\$1.00 per bushel.
Green Peas—\$1.00 per bushel.
Broad Beans—\$1.00 per bushel.
Lentils—\$1.00 per bushel.
Onions—\$1.00 per bushel.
Potatoes—\$1.00 per bushel.
Squash—\$1.00 per bushel.
Cucumbers—\$1.00 per bushel.
Eggplant—\$1.00 per bushel.
Tomatoes—\$1.00 per bushel.
Peppers—\$1.00 per bushel.
Carrots—\$1.00 per bushel.
Celery—\$1.00 per bushel.
Parsnips—\$1.00 per bushel.
Turnips—\$1.00 per bushel.
Rutabagas—\$1.00 per bushel.
Beets—\$1.00 per bushel.
Kale—\$1.00 per bushel.
Spinach—\$1.00 per bushel.
Chard—\$1.00 per bushel.
Swiss Chard—\$1.00 per bushel.

This old time market is yet the cen-
tre for many bargains in sea food, whole-
sale and retail. In produce lines it is
no big center, but keeps a fair price,
good quality grade. Many of the oysters
sold come from Morris Cove, just out-
side Philadelphia, and such oysters rank
as both safe and excellent.

QUEENSBORO BRIDGE
(At Ave. 86th St. to 90th St.)
Wholesale, some retail.
Pumpkin—\$1.00 per bushel.
Cauliflower—\$1.00 per bushel.
Cabbage—\$1.00 per bushel.
Brussels Sprouts—\$1.00 per bushel.
Green Beans—\$1.00 per bushel.
Green Peas—\$1.00 per bushel.
Broad Beans—\$1.00 per bushel.
Lentils—\$1.00 per bushel.
Onions—\$1.00 per bushel.
Potatoes—\$1.00 per bushel.
Squash—\$1.00 per bushel.
Cucumbers—\$1.00 per bushel.
Eggplant—\$1.00 per bushel.
Tomatoes—\$1.00 per bushel.
Peppers—\$1.00 per bushel.
Carrots—\$1.00 per bushel.
Celery—\$1.00 per bushel.
Parsnips—\$1.00 per bushel.
Turnips—\$1.00 per bushel.
Rutabagas—\$1.00 per bushel.
Beets—\$1.00 per bushel.
Kale—\$1.00 per bushel.
Spinach—\$1.00 per bushel.
Chard—\$1.00 per bushel.
Swiss Chard—\$1.00 per bushel.

retail. Express delivery, 15 cents for 50
pounds, New York City.
Local Retail Market (20th St.)
Canada Lamb—To 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 150, 155, 160, 165, 170, 175, 180, 185, 190, 195, 200, 205, 210, 215, 220, 225, 230, 235, 240, 245, 250, 255, 260, 265, 270, 275, 280, 285, 290, 295, 300, 305, 310, 315, 320, 325, 330, 335, 340, 345, 350, 355, 360, 365, 370, 375, 380, 385, 390, 395, 400, 405, 410, 415, 420, 425, 430, 435, 440, 445, 450, 455, 460, 465, 470, 475, 480, 485, 490, 495, 500, 505, 510, 515, 520, 525, 530, 535, 540, 545, 550, 555, 560, 565, 570, 575, 580, 585, 590, 595, 600, 605, 610, 615, 620, 625, 630, 635, 640, 645, 650, 655, 660, 665, 670, 675, 680, 685, 690, 695, 700, 705, 710, 715, 720, 725, 730, 735, 740, 745, 750, 755, 760, 765, 770, 775, 780, 785, 790, 795, 800, 805, 810, 815, 820, 825, 830, 835, 840, 845, 850, 855, 860, 865, 870, 875, 880, 885, 890, 895, 900, 905, 910, 915, 920, 925, 930, 935, 940, 945, 950, 955, 960, 965, 970, 975, 980, 985, 990, 995, 1000, 1005, 1010, 1015, 1020, 1025, 1030, 1035, 1040, 1045, 1050, 1055, 1060, 1065, 1070, 1075, 1080, 1085, 1090, 1095, 1100, 1105, 1110, 1115, 1120, 1125, 1130, 1135, 1140, 1145, 1150, 1155, 1160, 1165, 1170, 1175, 1180, 1185, 1190, 1195, 1200, 1205, 1210, 1215, 1220, 1225, 1230, 1235, 1240, 1245, 1250, 1255, 1260, 1265, 1270, 1275, 1280, 1285, 1290, 1295, 1300, 1305, 1310, 1315, 1320, 1325, 1330, 1335, 1340, 1345, 1350, 1355, 1360, 1365, 1370, 1375, 1380, 1385, 1390, 1395, 1400, 1405, 1410, 1415, 1420, 1425, 1430, 1435, 1440, 1445, 1450, 1455, 1460, 1465, 1470, 1475, 1480, 1485, 1490, 1495, 1500, 1505, 1510, 1515, 1520, 1525, 1530, 1535, 1540, 1545, 1550, 1555, 1560, 1565, 1570, 1575, 1580, 1585, 1590, 1595, 1600, 1605, 1610, 1615, 1620, 1625, 1630, 1635, 1640, 1645, 1650, 1655, 1660, 1665, 1670, 1675, 1680, 1685, 1690, 1695, 1700, 1705, 1710, 1715, 1720, 1725, 1730, 1735, 1740, 1745, 1750, 1755, 1760, 1765, 1770, 1775, 1780, 1785, 1790, 1795, 1800, 1805, 1810, 1815, 1820, 1825, 1830, 1835, 1840, 1845, 1850, 1855, 1860, 1865, 1870, 1875, 1880, 1885, 1890, 1895, 1900, 1905, 1910, 1915, 1920, 1925, 1930, 1935, 1940, 1945, 1950, 1955, 1960, 1965, 1970, 1975, 1980, 1985, 1990, 1995, 2000, 2005, 2010, 2015, 2020, 2025, 2030, 2035, 2040, 2045, 2050, 2055, 2060, 2065, 2070, 2075, 2080, 2085, 2090, 2095, 2100, 2105, 2110, 2115, 2120, 2125, 2130, 2135, 2140, 2145, 2150, 2155, 2160, 2165, 2170, 2175, 2180, 2185, 2190, 2195, 2200, 2205, 2210, 2215, 2220, 2225, 2230, 2235, 2240, 2245, 2250, 2255, 2260, 2265, 2270, 2275, 2280, 2285, 2290, 2295, 2300, 2305, 2310, 2315, 2320, 2325, 2330, 2335, 2340, 2345, 2350, 2355, 2360, 2365, 2370, 2375, 2380, 2385, 2390, 2395, 2400, 2405, 2410, 2415, 2420, 2425, 2430, 2435, 2440, 2445, 2450, 2455, 2460, 2465, 2470, 2475, 2480, 2485, 2490, 2495, 2500, 2505, 2510, 2515, 2520, 2525, 2530, 2535, 2540, 2545, 2550, 2555, 2560, 2565, 2570, 2575, 2580, 2585, 2590, 2595, 2600, 2605, 2610, 2615, 2620, 2625, 2630, 2635, 2640, 2645, 2650, 2655, 2660, 2665, 2670, 2675, 2680, 2685, 2690, 2695, 2700, 2705, 2710, 2715, 2720, 2725, 2730, 2735, 2740, 2745, 2750, 2755, 2760, 2765, 2770, 2775, 2780, 2785, 2790, 2795, 2800, 2805, 2810, 2815, 2820, 2825, 2830, 2835, 2840, 2845, 2850, 2855, 2860, 2865, 2870, 2875, 2880, 2885, 2890, 2895, 2900, 2905, 2910, 2915, 2920, 2925, 2930, 2935, 2940, 2945, 2950, 2955, 2960, 2965, 2970, 2975, 2980, 2985, 2990, 2995, 3000, 3005, 3010, 3015, 3020, 3025, 3030, 3035, 3040, 3045, 3050, 3055, 3060, 3065, 3070, 3075, 3080, 3085, 3090, 3095, 3100, 3105, 3110, 3115, 3120, 3125, 3130, 3135, 3140, 3145, 3150, 3155, 3160, 3165, 3170, 3175, 3180, 3185, 3190, 3195, 3200, 3205, 3210, 3215, 3220, 3225, 3230, 3235, 3240, 3245, 3250, 3255, 3260, 3265, 3270, 3275, 3280, 3285, 3290, 3295, 3300, 3305, 3310, 3315, 3320, 3325, 3330, 3335, 3340, 3345, 3350, 3355, 3360, 3365, 3370, 3375, 3380, 3385, 3390, 3395, 3400, 3405, 3410, 3415, 3420, 3425, 3430, 3435, 3440, 3445, 3450, 3455, 3460, 3465, 3470, 3475, 3480, 3485, 3490, 3495, 3500, 3505, 3510, 3515, 3520, 3525, 3530, 3535, 3540, 3545, 3550, 3555, 3560, 3565, 3570, 3575, 3580, 3585, 3590, 3595, 3600, 3605, 3610, 3615, 3620, 3625, 3630, 3635, 3640, 3645, 3650, 3655, 3660, 3665, 3670, 3675, 3680, 3685, 3690, 3695, 3700, 3705, 3710, 3715, 3720, 3725, 3730, 3735, 3740, 3745, 3750, 3755, 3760, 3765, 3770, 3775, 3780, 3785, 3790, 3795, 3800, 3805, 3810, 3815, 3820, 3825, 3830, 3835, 3840, 3845, 3850, 3855, 3860, 3865, 3870, 3875, 3880, 3885, 3890, 3895, 3900, 3905, 3910, 3915, 3920, 3925, 3930, 3935, 3940, 3945, 3950, 3955, 3960, 3965, 3970, 3975, 3980, 3985, 3990, 3995, 4000, 4005, 4010, 4015, 4020, 4025, 4030, 4035, 4040, 4045, 4050, 4055, 4060, 4065, 4070, 4075, 4080, 4085, 4090, 4095, 4100, 4105, 4110, 4115, 4120, 4125, 4130, 4135, 4140, 4145, 4150, 4155, 4160, 4165, 4170, 4175, 4180, 4185, 4190, 4195, 4200, 4205, 4210, 4215, 4220, 4225, 4230, 4235, 4240, 4245, 4250, 4255, 4260, 4265, 4270, 4275, 4280, 4285, 4290, 4295, 4300, 4305, 4310, 4315, 4320, 4325, 4330, 4335, 4340, 4345, 4350, 4355, 4360, 4365, 4370, 4375, 4380, 4385, 4390, 4395, 4400, 4405, 4410, 4415, 4420, 4425, 4430, 4435, 4440, 4445, 4450, 4455, 4460, 4465, 4470, 4475, 4480, 4485, 4490, 4495, 4500, 4505, 4510, 4515, 4520, 4525, 4530, 4535, 4540, 4545, 4550, 4555, 4560, 4565, 4570, 4575, 4580, 4585, 4590, 4595, 4600, 4605, 4610, 4615, 4620, 4625, 4630, 4635, 4640, 4645, 4650, 4655, 4660, 4665, 4670, 4675, 4680, 4685, 4690, 4695, 4700, 4705, 4710, 4715, 4720, 4725, 4730, 4735, 4740, 4745, 4750, 4755, 4760, 4765, 4770, 4775, 4780, 4785, 4790, 4795, 4800, 4805, 4810, 4815, 4820, 4825, 4830, 4835, 4840, 4845, 4850, 4855, 4860, 4865, 4870, 4875, 4880, 4885, 4890, 4895, 4900, 4905, 4910, 4915, 4920, 4925, 4930, 4935, 4940, 4945, 4950, 4955, 4960, 4965, 4970, 4975, 4980, 4985, 4990, 4995, 5000, 5005, 5010, 5015, 5020, 5025, 5030, 5035, 5040, 5045, 5050, 5055, 5060, 5065, 5070, 5075, 5080, 5085, 5090, 5095, 5100, 5105, 5110, 5115, 5120, 5125, 5130, 5135, 5140, 5145, 5150, 5155, 5160, 5165, 5170, 5175, 5180, 5185, 5190, 5195, 5200, 5205, 5210, 5215, 5220, 5225, 5230, 5235, 5240, 5245, 5250, 5255, 5260, 5265, 5270, 5275, 5280, 5285, 5290, 5295, 5300, 5305, 5310, 5315, 5320, 5325, 5330, 5335, 5340, 5345, 5350, 5355, 5360, 5365, 5370, 5375, 5380, 5385, 5390, 5395, 5400, 5405, 5410, 5415, 5420, 5425, 5430, 5435, 5440, 5445, 5450, 5455, 5460, 5465, 5470, 5475, 5480, 5485, 5490, 5495, 5500, 5505, 5510, 5515, 5520, 5525, 5530, 5535, 5540, 5545, 5550, 5555, 5560, 5565, 5570, 5575, 5580, 5585, 5590, 5595, 5600, 5605, 5610, 5615, 5620, 5625, 5630, 5635, 5640, 5645, 5650, 5655, 5660, 5665, 5670, 5675, 5680, 5685, 5690, 5695, 5700, 5705, 5710, 5715, 5720, 5725, 5730, 5735, 5740, 5745, 5750, 5755, 5760, 5765, 5770, 5775, 5780, 5785, 5790, 5795, 5800, 5805, 5810, 5815, 5820, 5825, 5830, 5835, 5840, 5845, 5850, 5855, 5860, 5865, 5870, 5875, 5880, 5885, 5890, 5895, 5900, 5905, 5910, 5915, 5920, 5925, 5930, 5935, 5940, 5945, 5950, 5955, 5960, 5965, 5970, 5975, 5980, 5985, 5990, 5995, 6000, 6005, 6010, 6015, 6020, 6025, 6030, 6035, 6040, 6045, 6050, 6055, 6060, 6065, 6070, 6075, 6080, 6085, 6090, 6095, 6100, 6105, 6110, 6115, 6120, 6125, 6130, 6135, 6140, 6145, 6150, 6155, 6160, 6165, 6170, 6175, 6180, 6185, 6190, 6195, 6200, 6205, 6210, 6215, 6220, 6225, 6230, 6235, 6240, 6245, 6250, 6255, 6260, 6265, 6270, 6275, 6280, 6285, 6290, 6295, 6300, 6305, 6310, 6315, 6320, 6325, 6330, 6335, 6340, 6345, 6350, 6355, 6360, 6365, 6370, 6375, 6380, 6385, 6390, 6395, 6400, 6405, 6410, 6415, 6420, 6425, 6430, 6435, 6440, 6445, 6450, 6455, 6460, 6465, 6470, 6475, 6480, 6485, 6490, 6495, 6500, 6505, 6510, 6515, 6520, 6525, 6530, 6535, 6540, 6545, 6550, 6555, 6560, 6565, 6570, 6575, 6580, 6585, 6590, 6595, 6600, 6605, 6610, 6615, 6620, 6625, 6630, 6635, 6640, 6645, 6650, 6655, 6660, 6665, 6670, 6675, 6680, 6685, 6690, 6695, 6700, 6705, 6710, 6715, 6720, 6725, 6730, 6735, 6740, 6745, 6750, 6755, 6760, 6765, 6770, 6775, 6780, 6785, 6790, 6795, 6800, 6805, 6810, 6815, 6820, 6825, 6830, 6835, 6840, 6845, 6850, 6855, 6860, 6865, 6870, 6875, 6880, 6885, 6890, 6895, 6900, 6905, 6910, 6915, 6920, 6925, 6930, 6935, 6940, 6945, 6950, 6955, 6960, 6965, 6970, 6975, 6980, 6985, 6990, 6995, 7000, 7005, 7010, 7015, 7020, 7025, 7030, 7035, 7040, 7045, 7050, 7055, 7060, 7065, 7070, 7075, 7080, 7085, 7090, 7095, 7100, 7105, 7110, 7115, 7120, 7125, 7130, 7135, 7140, 7145, 7150, 7155, 7160, 7165, 7170, 7175, 7180, 7185, 7190, 7195, 7200, 7205, 7210, 7215, 7220, 7225, 7230, 7235, 7240, 7245, 7250, 7255, 7260, 7265, 7270, 7275, 7280, 7285, 7290, 7295, 7300, 7305, 7310, 7315, 7320, 7325, 7330, 7335, 7340, 7345, 7350, 7355, 7360, 7365, 7370, 7375, 7380, 7385, 7390, 7395, 7400, 7405, 7410, 7415, 7420, 7425, 7430, 7435, 7440, 7445, 7450, 7455, 7460, 7465, 7470, 7475, 7480, 7485, 7490, 7495, 7500, 7505, 7510, 7515, 7520, 7525, 7530, 7535, 7540, 7545, 7550, 7555, 7560, 7565, 7570, 7575, 7580, 7585, 7590, 7595, 7600, 7605, 7610, 7615, 7620, 7625, 7630, 7635, 7640, 7645,